

**Address**

Office: 3020 Hamaker Court  
Suite 201  
Fairfax, VA 22031

**Personal**

Date of Birth: 05/29/57  
Place of Birth: Boston, MA.  
Citizenship: U.S.A.  
Marital Status: Married with two children.

**Education**

1979 - 1983: Doctor of Podiatric Medicine  
Temple University School of Podiatric Medicine (formerly  
Pennsylvania College of Podiatric Medicine)  
Philadelphia, PA 19107  
1975 - 1979: Bachelor of Arts with Honors in Economics,  
Clark University  
Worcester, MA 01610

**Honors**

2012: Podiatric Educator of the Year  
INOVA Fairfax Hospital Podiatric Residency Program  
Fairfax, VA  
2010: Podiatric Educator of the Year  
INOVA Fairfax Hospital Podiatric Residency Program  
Fairfax, VA  
1983: Who's Who In American Colleges and Universities, Temple University  
School of Podiatric Medicine (formerly Pennsylvania College of  
Podiatric Medicine)  
1981: The William J. Stickel Annual Award for Research and Papers in  
Podiatry "The Evaluation of Natural Substances in the Treatment of  
Adjuvant Arthritis."

**Post Doctoral Training**

1983 - 1984 First Year Resident in Podiatric Medicine and Surgery St. Joseph's  
Hospital, Philadelphia, PA. Director: I. P. Forman, D.P.M.  
Including: Medical, Anesthesia, General, and Vascular Surgery  
rotations as well as Podiatric Medicine and Podiatric Surgical rotations.  
1984 - 1985 Second Year Resident in Surgery of the Foot and Leg. St. Joseph's  
Hospital, Philadelphia, PA. Director: J. M. Buckholz, D.P.M. in  
conjunction with the Department of Surgery, Pennsylvania College of  
Podiatric Medicine.  
Including: Plastic - Reconstructive and Vascular Surgery rotations: AO-  
ASIF Instructional Courses and Workshops; Emergency Room rotation  
and service.

1985 - 1986 Third Year Resident in Reconstructive Traumatologic Surgery of the Foot and Leg. St. Joseph's Hospital, Philadelphia, PA.  
Director: J. M. Buckholz, D.P.M. in conjunction with the Department of Surgery, Pennsylvania College of Podiatric Medicine.

Including: Emergency Room Service and First Call for Traumatology of the Foot and Ankle; Orthopedic Pathology Course - Armed Forces Institute of Pathology.

A-O Fellowship at St. Elizabethan Hospital, Ravensburg, West Germany, under the auspices of Karl Stuehmer, M.D

### **Hospital Affiliations**

11-86 - Present: Active Staff - Department of Orthopedic Surgery  
Foot and Ankle Surgery/Podiatric Section Chief  
(2004 - 2008) and (2012-2016) Inova Fairfax  
Hospital Medical Campus, Falls Church, VA

11-86 - Present: Courtesy Staff - Department of Orthopedic Surgery  
Inova Fair Oaks Hospital,  
Fairfax, VA

### **Academic Appointments**

2008-Present: Adjunct Clinical Professor of Surgery  
Temple University School of Podiatric Medicine  
Philadelphia, PA

1987-Present: Residency Training Committee (Chairman: 07/2003-2012)  
INOVA Fairfax Medical Campus Podiatric Residency  
Program, Fairfax, VA

2004-2005: Clinical Faculty Associate  
Dr. William M Scholl College of Podiatric Medicine  
At Rosalind Franklin University

1990-2002: Assistant Clinical Professor of Health Care Sciences  
George Washington University School of Medicine, Washington, D.C.

### **Professional Licensure**

Florida (1984) PO-001624  
Maryland (1988) 1008  
Massachusetts (1983) 1686  
Pennsylvania (1983) SC002643-L  
Virginia (1986) 0103-000731

### **Affiliations**

Member: American Podiatric Medical Association

Virginia Podiatric Medical Association (Executive Board: 1990 - 1993)

Northern Virginia Podiatric Medical Association  
(President - 1990-1993; Secretary - 1987-1989)

### **Board Certification**

Diplomate, American Board of Podiatric Surgery (08-1989)  
Fellow, American College of Foot and Ankle Surgeons (10/89)

Diplomate, American Board of Quality Assurance and Utilization  
Review Physicians (08-1991)  
Fellow, American College of Podiatric Medical Review (06-1991)

### **Extracurricular Activities**

2002 - 2012 Patient Safety Oversight Committee  
INOVA Fairfax Hospital - Falls Church, VA

1992 - 2002: Medical Quality Improvement Committee  
INOVA Fairfax Hospital - Falls Church, VA

1988 - 2008: QA/UR Coordinator Department of Orthopedic  
Surgery/Podiatric Surgery Section INOVA Fairfax Hospital -  
Falls Church, VA

1990 - 2001: Editorial Board - Contributing Editor  
Journal of Foot and Ankle Surgery  
Williams & Wilkins - Baltimore, MD

1989 - 1995: Podiatric Medical Advisory Committee  
Blue Cross and Blue Shield of the National Capital Area,  
Washington, DC

1989-2005 Medical Advisory Board - Podiatric Representative  
INOVA Diabetes Center of Virginia  
INOVA Fairfax Hospital - Falls Church, VA

1989 - 1997: Board of Editorial Consultants  
Podiatry Today Magazine, Rockville, MD.

### **Publications**

Saffran, B. "Forefoot Surgery." 2011 Compendium of Podiatric  
Medicine and Surgery: ed: Data Trace Publishing Brooklandale, MD

Saffran, B. "Forefoot Surgery." 2010 Compendium of Podiatric  
Medicine and Surgery: ed: Data Trace Publishing Brooklandale, MD

Saffran, B. "Forefoot Surgery." 2009 Compendium of Podiatric  
Medicine and Surgery: ed: Data Trace Publishing Brooklandale, MD

Saffran, B.: "Pathophysiology of Pain", Clinics in Podiatric Medicine  
and Surgery: July 2008: 25,3. ed: Saunders, Phila. PA

Saffran B.: "Forefoot Surgery", 2008 Compendium of Podiatric  
Medicine and Surgery: ed: Data Trace Publishing Brooklandale, MD

Saffran B.: "Forefoot Surgery", 2007 Compendium of Podiatric  
Medicine and Surgery: ed: Data Trace Publishing Brooklandale, MD

Saffran B.: "Forefoot Surgery", 2006 Compendium of Podiatric  
Medicine and Surgery: ed: Data Trace Publishing Brooklandale, MD

Saffran, B.: "Forefoot Surgery", 2005 Compendium of Podiatric  
Medicine and Surgery: ed: Data Trace Publishing Brooklandale, MD

Saffran, B.: "Radiology", 2004 Compendium of Podiatric Medicine and  
Surgery: ed: Data Trace Publishing Brooklandale, MD

Saffran, B.: "Radiology", 2003 Compendium of Podiatric Medicine and  
Surgery: ed: Stephen J. Kominsky, Mosby, St Louis, MO 2001

Saffran, B.: "Radiology", 2002 Compendium of Podiatric Medicine and

Surgery: ed: Stephen J. Kominsky, Mosby, St Louis, MO 2001  
Saffran, B.: "Vascular Disease", pp. 1-18; 2001 Compendium of Podiatric Medicine and Surgery: ed: Stephen J. Kominsky, Mosby, St Louis, MO 2001  
Saffran, B.: "Vascular Disease", pp. 1-10; 2000 Compendium of Podiatric Medicine and Surgery: ed: Stephen J. Kominsky, Mosby, St Louis, MO 2000.  
Hurley, M. and Saffran, B.: Subcutaneous Phaeohyphomycosis - Overview and Case Report. Journal of Foot and Ankle Surgery, 36:230, 1997  
Saffran, B.: "Diabetic Foot Considerations", pp. 53 - 78; 1996 Year Book of Podiatric Medicine and Surgery: ed. Stephen J. Kominsky, Mosby, St. Louis, MO, 1996.  
Saffran, B. : "Interesting Case Reports", pp. 235 - 62; 1995 Year Book of Podiatric Medicine and Surgery: ed. Stephen J. Kominsky, Mosby, St. Louis, MO, 1995.  
Saffran, B.: "Tumors", pp. 333-46; 1994 Year Book of Podiatric Medicine and Surgery: ed. Stephen J. Kominsky, Mosby, St. Louis, MO, 1995.  
Saffran, B. and Silvani, S.: "Review of Interesting Cases", pp. 322 - 336; 1993 Year Book of Podiatric and Surgery: ed. Stephen J. Kominsky, Mosby, St. Louis, MO, 1993.  
DeFronzo, D., and Saffran, B.: A Unique Presentation of Non-Hodgkins Lymphoma in the Foot. Journal of Foot Surgery, 31:3, 1992.  
Saffran, B., and Scheiner, D.: Moonshine Induced Gout. Journal of the American Podiatric Medical Association, 76:275, 1986.  
Hanley, D., Solomon, W., Saffran, B., Davis, R.: The Evaluation Of Natural Substances in the Treatment of Adjuvant Arthritis. Journal of the American Podiatry Association, 72:275, 1982.